## **Topeka Collegiate School Lunch – September**

School lunch choices are: hot meal or peanut butter and jelly sandwich or cheese sandwich, each with healthy side dishes or the salad bar (which includes dessert, if offered). A choice of milk or water is included with all meals. Fresh fruit, yogurt or a healthy snack is available for an additional charge. Lunch is charged to your RenWeb account. Prices are: hot lunch, Pre-K–2<sup>nd</sup>: \$3.20; salad bar, Pre-K–2nd: \$3.20; hot lunch, 3rd-8<sup>th</sup>: \$3.60; salad bar, 3<sup>rd</sup>-8<sup>th</sup>: \$3.60; milk: \$.60; second entrée: \$1.35; second side dish: \$.85; sandwich only: \$1.35; fresh fruit, yogurt, healthy snack or bread item: \$.60. Menu is subject to change to make the best of use of available foods.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	NO SCHOOL 2	3 Tomato Soup Grilled Cheese Watermelon Cookie	4 Baked Potato Bar Broccoli Rosy Applesauce Sherbet	5 Goulash (Meatless Available) Green Beans Garlic Roll Pears	6 BBQ Pork Sandwich Chips Dill pickle spear Banana half	7
8	9 Chicken Sandwich French Fries Mixed Veggies Mandarin Oranges	10 Chili (Meatless Available) Mixed Fruit Cinnamon Roll	11 Sub Sandwiches Chips Lettuce Salad Fruit	12 French Toast Scrambled Eggs Strawberries Bacon	13 Salisbury Steak Mashed Potatoes Gravy Peas Peaches	14
15	16 Spaghetti/Marinara sauce Corn Pineapple Garlic rolls	17 Bacon Cheeseburger French Fries Dill Pickle spears Ice Cream	18 Mac & Cheese Chicken Strips Green Beans Fruit Cupcake	19 Chicken & Noodles Mashed Potatoes Mixed Veggies Peaches Biscuit	20 Tacos Lettuce/ Cheese Corn Chips & Salsa Cinnamon Apples	21
22	NO SCHOOL 23 Professional Development Day	24 Pizza Garden Salad Juice Bar	25 Homemade Potato Soup Ham & Cheese Sandwich on Hawaiian Bread Brownie Fruit	26 Sloppy Joes French Fries Dill Pickles Cookie	27 Chicken Nuggets Mashed Potatoes Gravy Green Beans Fruit	28
29	Beef Ravioli 30 Peas and Carrots Peaches Dinner Roll					