**TOPEKA COLLEGIATE ADVENTURES**

**PROGRAM INFORMATION**

This year we are offering before-school adventures! We have also extended the adventure program to **every week** instead of the regular 10 weeks per semester. This will help eliminate confusion. Adventures will be held before and after school on all full days of school. Before school adventures will be held on half days of school as well, with the exception of the first half day of school. This means we need families to sign up earlier than in the past. The deadline for enrollment for the fall semester is August 9th. Adventures will start on the first full day of school, August 15. Instead of being charged by semester, we are charging by session because the number of sessions will vary based on the day of the week. Families have to sign students up by semester and will be charged for every session regardless of whether they attend. However, they will not have to pay for the entire semester upfront. Charges will be posted to your RenWeb account monthly.

SCHEDULE/COST: Morning adventures will be from 7:00 A.M. to 8:00 A.M. and cost $10 per adventure per week. Most afternoon adventures will include aftercare from 3:35 P.M. to 4:00 P.M., a snack, and the adventure from 4:00 P.M. to 5:00 P.M. Choir is an example of an exception. The cost for afternoon adventures will be $15 per adventure per week. Exact dates, times and costs for each adventure will be included in the catalog.

ENROLLMENT: ALL CLASSES ARE OPEN TO THE PUBLIC and are filled on a first-come, first-served basis. To secure your child’s spot in a class, enroll online at https://forms.gle/fi3BV5R5KMtMxj5K8 by August 9, 2019. Only students who are enrolled in the class are allowed to attend the adventure. Siblings cannot attend unless they are enrolled.

FULL/CANCELLED CLASSES: Many classes will fill quickly. If a class is full or if there are too few participants to offer a class, you will be notified in advance of the start and fees will be refunded or another class can be selected.

PAYMENT INFORMATION: For TCS families, all After-School Adventure registrations will be charged to your RenWeb account. The charges will be included on the monthly statement and should be paid with your other RenWeb charges. For the general public, we accept the following forms of payment: Credit card charged in office or over the phone, check made out to TCASA, online payment at http://www.topekacollegiate.org/student-life/family-resources.cfm or cash. No refunds will be given if a family chooses to withdraw a student from a class after the enrollment deadline.

DROP OFF: Students enrolled in morning adventures should be dropped off at the north Eagle Foyer entrance by the gym at 7:00 a.m. For safety reasons, please wait until your child has entered the building before leaving. The doors will not be unlocked until 7:00 a.m. Students cannot be dropped off before that time.

PICK UP: Students will be escorted to the front entrance of the school at the conclusion of each session. Students who do not have a parent/guardian waiting for them will be signed into after-care. The rate for after-care is $6.00 per hour and is billed by the minute. After-care ends at 5:25 p.m. If students are not picked up by 5:25 p.m., families will be charged late fees. If students are not picked up by 5:30 p.m., they will be escorted to TAT class and enrolled for the semester. The $300 charge for TAT will be added to the family’s RenWeb account. Rates will not be prorated if this occurs in the middle or end of the semester.

SPECIAL NOTE: If you need to contact the after-care providers or your student after the office is closed, call or text Google Voice number 785-422-7382 (785-4CareTC).This will ring and send messages to the cell phones of all of the after-care providers. Care providers cannot always answer the phone, so please leave a voicemail. They will listen to it as soon as they get a chance and reach back out to you. Please let Rebecca Bonilla, Director of After-School Adventures, or Mindy Johnson, Director of Before-School Adventures, know of any concerns or special circumstances that might affect your child’s experience.

CLASSES OFFERED

Monday

Sunrise Yoga (MORNINGS) Grades K-8 - Yoga can be an excellent way for students (and adults!) to gain focus, self-regulations, and confidence. Maybe that's why it's among the fastest growing activities in the United States. This class will also help kids with strength, balance, and overall well-being in a fun, supportive and non-competitive session. In the class, we’ll learn basic poses, skills and techniques central to yoga. Peace, respect, gratitude and acceptance will be central themes throughout the sessions. Finding ways for kids to shine bright, while releasing tension and stress will be the main goal of this class! What a great way to start your day! Instructor: Kathy Damron, certified yoga instructor and former member of the Topeka Collegiate Board of Trustees

Sign Language (AFTERNOONS) Grades 1-8 - This class is for students who want to learn sign language. Students will focus on vocabulary development of the language and learn sentence structure, as well as some grammatical features. The class will also help students develop receptive and expressive skills for the language. The class will prepare students to start using American Sign Language in everyday conversations appropriate for the beginning level. Instructor: Ariel Garrett, Topeka Collegiate preschool assistant, after-care provider, and Summer Adventures director

Magic the Gathering (AFTERNOONS) Grades 5-8 - Mr. Carter will teach you how to play Magic: The Gathering. Experienced players will learn deck-building skills and strategy, and everyone will have fun playing with each other. As a bonus, those who are interested will learn the Spanish vocabulary associated with the game, and play almost an entire game in Spanish! If nothing else, come and play! Instructor - Jay Carter, TCS Middle School Teacher

Tuesday

Discovering Kansas (MORNINGS) Grades K-8 - Join us for games, trivia, food samples, and fun facts about this wonderful state in which we live. We will take a look at Kansas people, products, sports, maps, history, must see paces around Kansas and more. Come discover what Kansas is all about. Instructor: Lisa Ranker, native Kansan and friend of Topeka Collegiate School

All About Bears (AFTERNOONS) Grades K-4 - Discover what bears eat, how they behave, and where they live. Talk about hands on learning. In this adventure, you'll get to touch and explore bear fur, claws, rubber bear track molds, and a skull! You will discuss hibernation and how we can help our natural resources and animal wildlife. You will also get to play a black bear concentration game, color berries and eight different types of bears, watch videos, and frost a black bear sugar cookie. Instructor: Sherri Moore, friend of the North American Bear Center

Sports Performance (AFTERNOONS) Grades 5-8 - This afterschool adventure is designed for all prospective athletes looking to improve their game.  The class will introduce training concepts for sprinting, jumping, change-of-direction agility, motor coordination, and developmentally appropriate athletic strength training.  Athletes will learn proper exercise and movement technique in preparation for training at the next level.  The course is designed to improve sports performance as well as to teach proper techniques for injury prevention.  Athletes participating in all sports and with all degrees of athletic ability are welcomed. Instructor: Grady Woodruff, Topeka Collegiate parent and former Washburn University Women’s Soccer assistant coach with a Degree in Exercise Physiology (Interned at Rebound Physical Therapy and Sports Performance)

Wednesday

Sunrise Yoga (MORNINGS) Grades K-8 - Yoga can be an excellent way for students (and adults!) to gain focus, self-regulations, and confidence. Maybe that's why it's among the fastest growing activities in the United States. This class will also help kids with strength, balance, and overall well-being in a fun, supportive and non-competitive session. In the class, we’ll learn basic poses, skills and techniques central to yoga. Peace, respect, gratitude and acceptance will be central themes throughout the sessions. Finding ways for kids to shine bright, while releasing tension and stress will be the main goal of this class! What a great way to start your day! Instructor: Brittany Crabtree, certified yoga instructor and Topeka Collegiate Director of Admissions and Communication

Topeka Collegiate Youth Choir (AFTERNOONS) Grades 4-8 – This is the perfect adventure for students who love to sing. Students learn music of many different styles and sometimes different languages. Choir offers students the chance to sing music with multiple voice parts and offers the challenge of solo parts and a chance to audition for State Honor Choir if interested. Members participate in area festivals, when occurring. Instructor: Kay Siebert, Topeka Collegiate music teacher

Thursday

Martial Arts (MORNINGS) Grades K-8 - Your child will have fun while learning developmental skills, all within a safe, healthy and exciting environment. Our program has the perfect blend of fun and learning: increases attention span, builds confidence, helps with grades, teaches concepts of teamwork & responsibility, assists with bully prevention, etc. We understand each child learns and grows differently. Each child moves at his or her own pace and can feel the satisfaction of a personal victory. Classes become more challenging as each child demonstrates the readiness to accept more complex skill.

Instructor:  Master Daniel Jorgensen. Chief instructor at ATA

Chess Club (AFTERNOONS) Grades K-8 - Chess Club is an opportunity to learn the game and improve one's skill. Absolute beginners are welcome and will be taught the basic rule and concepts. More experienced players will learn different openings, strategies, and tactics and will challenge themselves by solving chess puzzles. While students will have the chance to measure their progress through wins and losses against their peers, the main focus will be encouraging good sportsmanship and having fun. Instructor: Casey Artzer; Assistant Instructor: Sho Glashausser, chess champion and former Topeka Collegiate student

Friday

All Things Music (MORNINGS) Grades K-8 – Have fun learning everything about Music you never knew you wanted to learn or were afraid to ask. Learn lots of cool things you didn't know you didn't know about music like: Music Theory; Why musicians copy each other and why it’s not wrong; How to be a good listener at a concert; Instruments through the ages; Music styles and more. Instructor: Jodi Boyd, Topeka Collegiate parent

Soccer Skills (AFTERNOONS) Grades K-2 - Please join Coach Grady Woodruff for a weekly basic skills academy for developing soccer players. Grady is a USSF "D" Licensed coach, and has coached competitive soccer for many years, including 6 years as an assistant coach at Washburn University. Topics taught during the sessions will range from basic dribbling, passing, and shooting. Additional instruction may be given based on progression of skills. If your child is interested in playing soccer, or is currently involved in the game, this clinic would be a great adventure for any skill level. Participants must bring a soccer ball and shin guards.  Soccer cleats are recommended, but are not mandatory for participation. Limited availability. Maximum capacity of 20 students. Instructor: Grady Woodruff, Topeka Collegiate parent